

SKYBLUE MESA PARENT NEWSLETTER

SKYBLUE MESA ELEMENTARY SCHOOL

A California Distinguished school

28040 Hardesty Street

Canyon Country, California 91351

Phone: (661)298-3260 Fax (661)298-3256; email dbohn@saugus.k12.ca.us

Volume 3 Number 25

March 2, 2010

From the Principal's Desk

Dear Parents,

Play is a child's "job." Unfortunately, between television, computers, and scheduled activities, children are left with very little time in which to do their job. Playing provides great learning opportunities and also gives children some much needed time to simply be children. Playing also helps children develop their imaginations and build motor and social skills. Here are some great tips to help get your children playing.

Limit TV. Children spend too much time in front of the television and computer.

Limiting access will encourage them to engage in other activities. If they need or enjoy the background noise, turn on the radio. Music will entice your children to sing, dance, and use their imaginations.

Don't rush. Just like adults, children need time to unwind and time for their imaginations to start working. Try to provide daily time for unstructured and unscheduled play; time when your children can decide what, when, and how to play.

Be creative. Children don't need the latest and greatest toys. All you really need are a few basic essentials such as crayons, dress-up clothes, books, and balls.

Run around. Regardless of whether or not your child plays organized sports, make time several days a week for them to run around and exercise. From swinging a bat to swinging on a swing set, physical activity helps kids grow strong and release some energy.

Play games. When children play games, they learn important social lessons. Team

games help teach skills such as how to work together, how to handle conflict, and how to strategize. Board games teach skills such as sharing, taking turns, and the art of compromise. Playing games also teaches children how to be graceful winners and good losers. While parents and caregivers can be game "partners," it's more important to have children interact with siblings or peers.

Expect play. After-school and summer childcare programs can be wonderful opportunities for children to play. When looking at these programs, ask how much time your child will have to play and how much time is spent watching TV and playing computer or video games. Choose a program you feel allows your child enough time to play and use his or her imagination.

The most important thing is to allow your children to be children and learn through play.

Debbie Bohn, Principal

Full Day Kindergarten at Skyblue Mesa

Full Day Kindergarten, 8:00am-2:00pm, will be at Skyblue Mesa for 2010-2011 school year. Registration starts March 1st. Please bring Original Birth Certificate, two utility bills or lease/escrow papers for proof of address, immunization record, and verification of results of TB Test.

Help the Children

For the month of March, we will collect canned fruit. Thank you.

Dates to Remember

Tuesday, March 2

Kindergarten Round-Up

**Grades 1 -6/Dismissal 2:00pm
All Kindergarten/Regular Schedule
Parent Conferences**

Spring Book Fair/2:00pm-5:00pm
Small MPR

Wednesday, March 3

Kindergarten Round-Up

**MINIMUM DAY
Grades 1-6/Dismissal/12:26pm
All Kindergarten/Regular Schedule
Parent Conferences**

Spring Book Fair/12:00pm-7:00pm
Small MPR

Thursday, March 4

Kindergarten Round-Up

**NO SCHOOL
Parent Conferences**

Spring Book Fair/8:00am-4:00pm
Small MPR

Friday March 5

Kindergarten Round-Up

**Grades 1-6/Dismissal/12:26pm
All Kindergarten/ Regular Schedule
Parent Conferences**

Spring Book Fair/11:00am-2:00pm
Small MPR

Monday, March 8

Awards Assembly-Grades 1 & 2
8:15am / Big MPR

Tuesday, March 9

Awards Assembly-Grades 3 & 4
8:15am / Big MPR

Wednesday, March 10

Awards Assembly-Grades 5 & 6
8:15am / Big MPR

Variety Show Full Cast & Crew
Rehearsal / 3:00pm - 5:00pm

Thursday, March 11

Variety Show Full Cast & Crew
Rehearsal / 3:00pm - 5:00pm

Friday, March 12

**MINIMUM DAY
Grades 1-6/Dismissal/12:26pm
All Kindergarten/8:00am-11:20am**

Pajama Day

Saturday, March 13

Variety Show/10:00am-1:00pm

Thursdays, March 18

Third Grade Play/Big MPR
6:30pm - 7:30pm

Friday, March 19

Student Store/During Lunch

Monday, March 22

PTO General Meeting/6:30pm

Tuesday, March 23

Spring Pictures
Sixth Grade Panoramic Picture

PTO Coldstone Night

Sierra Vista Parent Information
Meeting / 7:00pm-8:00pm

Thursday, March 25

Ho Down Performance/4th Grade
Big MPR / 6:00pm-7:00pm

Monday, March 29

Site Council Meeting/4:00pm

Friday, March 26

Student Store/During Lunch